824 *Okalalulaka.* This tree has leaves which are used in treating a skin disease.
813 *Usendangalusa.* This small tree, only three feet in height, gives straight twigs which are used in making arrow shafts.

FOOD SUPPLY

COLLECTING AND HUNTING

222 Collecting of natural products which serve as food substances is
462 chiefly in the hands of women and children, though an exception has to be made in the instance of honey, which is gathered by men and boys.

Boys diligently search for nests, noting their location so as to be able to visit them again when the fledglings are large enough to serve as food. Large numbers of women and children may be seen
252 gathering caterpillars in gourds. The insides of the caterpillars are
222 squeezed into boiling water to make soup.

When a cloud of locusts appears, as in 1925, the creatures are gathered. They are sometimes fried, or they may be boiled in water, dried, and preserved with salt in earthenware pots.

A number of miscellaneous items of the food supply were mentioned in connection with names of trees whose fruits are gathered.

223 Boys engaged in food-gathering usually carry small bows and
[411] blunt wooden arrows (*ocilavi*). One type of bird arrow is fixed to the bowstring. The forward end of the arrow is split so that it may contain small stones that are ejected when the string is released. From the wild fig tree mucilage is obtained and this is boiled until it forms a thick paste which is smeared on the boughs of trees.
[231] Some of the small birds captured in this way are eaten, others are kept in wicker cages made by children.

343 In all parts of Angola large cylindrical beehives may be seen
171 fixed high in the trees (Plate XC, Fig. 2). Two types of hive have been noted in particular. In the Elende district a hive is made by opposing two half cylinders of wood each about three feet long, so forming a hive which has a diameter of one foot. The ends are covered, with the exception of a small round hole. The whole structure is bound round with grass which is kept in position by lashings of bark. In the neighborhood of Cassanga a difference in the structure of the hives was noticed. This type of hive is made from a cylinder of strong reddish bark, the edges of which are fastened together with stout wooden pegs. The dimensions are the same as for the hive used in Elende, but the hive of bark is uncovered.

231 In the Elende district honey of wild bees is removed from the hives in the months of August and December. One man ascends

[see pp. 138-140, category 116]